THE CATALYST SPRING 2025

MERCED COLLEGE COMMUNITY EDUCATION



MERCED COLLEGE

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MERCED COLLEGE COMMUNITY EDUCATION



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Ahout. Us

Merced College's Community Education department provides professional and personal development classes as well as career training programs.

College credit is not given for classes conducted by the Community Education department. There are no transcripts or grades.

Community Education is a self-supporting entity of the college and is a self-funding program. If you have a special interest or particular need for a class, please send us your suggestion.

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3 EASY WAYS TO REGISTER!

<u>Online</u>: go to <u>https://merced.augusoft.net/</u> Easy and secure (Visa/Mastercard only)*

<u>CALL</u>: (209) 384-6224 using Debit/Credit (Visa/Mastercard only) * Monday thru Friday, 8am – 5pm

<u>VISIT</u>: the Business Resource Center at 630 W. 19th Street in Merced (M St./19th St.) Monday-Friday from 8:00 a.m. – 5:00 p.m. to register using Debit/Credit (Visa/Mastercard only) or exact cash* *We no longer accept personal checks

We are happy to invoice firms and agencies for your class fee if being sponsored by such an agency.

CLASS REFUND POLICY

Community Education realizes that extenuating circumstances do arise. If you need to cancel an enrollment, please contact our office at least 7 days prior to the start date. Once an offering begins, fees become nonrefundable. Cash payments will be refunded by check and will arrive via mail. Credit card payments will be refunded as a credit back to the same card that was used. Refunds take approximately 4-6 weeks to process.

SCHOOL INITIATED CANCELLATION

Community Education reserves the right to cancel any class. Full refunds are automatically granted if a class is cancelled by our office. Occasionally there may be adjustments to the schedule for a class due to college facilities usage. We will notify participants of any of these changes as quickly as possible. Thank you in advance for your understanding.

If you have a disability and require special accommodations, please notify our office at least two weeks in advance of the class/trip start date so that we can make the appropriate arrangements to accommodate your request.

For the most up-to-date course information please visit merced.augusoft.net

HEALTH, FITNESS, & RECREATION

SALSA DANCE LESSONS

Spicy up your evenings with vibrant salsa moves! Join us for lively sessions that are perfect for beginners and seasoned dancers alike. Salsa is a wonderful partner dance that you are sure to love!

DATES: Wednesdays January 22nd - March 19th TIME: 7:00pm - 8:30pm INSTRUCTOR: Amilton Barbosa LOCATION: Merced College BRC 630 W 19th St.



COST: \$160 registration fee

STREETWISE SELF DEFENSE



COST: \$50 per month

Stay safe with practical self defense techniques taught by Sid Rayford, a local karate instructor with over 30 years of experience in karate and self defense. Learn how to assess situations, diffuse conflicts, and protect yourself in real world scenarios.

*DATES: Tuesdays

Session 1: February 4th, 11th, 18th, and 25th Session 2: March 4th, 11th, 18th, and 25th Session 3: April 1st, 8th, 15th, and 29th Session 4: May 6th, 13th, 20th, and 27th **TIME**: 6:00pm – 7:00pm **Instructor**: Sid and Amy Rayford **LOCATION**: Merced College BRC 630 W 19th St.

HEALTH, FITNESS, & RECREATION



If strengthening your cardiovascular system, toning and stretching your muscles, and improving your mental fitness are on your todo list, this is the class for you. Ideal for beginners and seasoned practitioners.

DATES: Tuesdays & Thursdays
Session 1: January 16 - March 13, 2024
Session 2: March 18 - May 22, 2024

(No class 4/2 & 4/4)

TIME: 4:30 p.m. - 5:30 p.m.
INSTRUCTOR: Tracy Decker
LOCATION: Merced College, Field House Rm A



COST: \$65 per session (\$10 discount for past participants that register for both sessions at once)



COST PER MONTH: \$20 January, June, July \$25 February, March, April, May

* Subject to occasional cancellations based on Merced College aquatics schedules or weather conditions. In such events, Community Education strives to provide notice to all participants via email.

LAP SWIM

Enjoy open lap swim at the Merced College Pool at any of the three time slots.

***DATES**: <u>Mondays, Wednesdays, & Fridays</u> January 13 – 31, 2025 (No lap swim 1/20) February 3 – 28, 2025 (No lap swim 2/14 & 2/17) March 3 – 31, 2025 (No lap swim 3/29) April 2 – 30, 2025 (No lap swim 4/18 and 4/21 – 4/25)

May 2 - 23, 2024

Mondays & Wednesdays

June 2 – 30, 2025 July 2 – 30, 2025 (No lap swim 7/4)

TIME: 5:30 a.m. - 6:30 a.m., 12:00 p.m. - 1:00 p.m., and 5:00 p.m. - 6:00 p.m. **LOCATION**: Merced College Pool

HEALTH, FITNESS, & RECREATION YOUTH VOLLEYBALL CLINIC

Designed for young athletes looking to improve their skills, boost their confidence, and have fun! Whether you're new to the sport or already have some experience, this clinic offers something for everyone. Our experienced coach will guide players through a series of dynamic drills, focusing on essential volleyball skills such as serving, passing, setting, and attacking.

DATE: Saturday March 15th TIME: 9:00am - 2:00pm Instructor: Yesenia Segarra LOCATION: Merced College Gym 3600 M St.



COST: \$80 registration fee

PERSONAL INTEREST INTRO. TO PREPARED BUSHCRAFT: BASIC SURVIVAL SKILLS WORKSHOP



COST: \$125 registration fee

Learn essential wilderness survival skills, from building shelters to finding food. Each student will receive a survival kit to take home, ensuring you're ready for your next adventure!

DATE: Saturday February 15th TIME: 8:00am - 4:00pm INSTRUCTOR: Richard Johnson LOCATION: Merced College BRC 630 W 19th St.

PERSONAL INTEREST "ROLL & SIP": A SUSHI AND SAKE PAIRING EXPERIENCE

Embark on a hands-on experience where you'll learn to craft sushi rolls and explore the art of sake pairing. Guided by Executive Chef Mitch Vanagten from UC Merced, you'll discover techniques for preparing sushi rice and rolling a variety of sushi styles while savoring the perfect sake complement. A fun and flavorful evening awaits!

COST: \$60 registration fee

DATES: Friday February 7th TIME: 6:00pm - 8:30pm INSTRUCTOR: Chef Mitch Vanagten LOCATION: Merced College BRC 630 W 19th St.

DATE NIGHT: PAINT & SIP



COST: \$50 registration fee

Ready to unlock your creativity? Join us for Sketch It Out, a fun and beginner friendly drawing class designed to teach you the basics of sketching, shading, and perspective. Whether you're a complete newbie or just looking to brush up on your skills, this class is the perfect place to start!

DATE: Friday February 14th TIME: 12:00pm - 3:00pm INSTRUCTOR: Debbie Babb LOCATION: Merced College BRC 630 W 19th St.

PERSONAL INTEREST SKETCH IT OUT!

Ready to unlock your creativity? Join us for Sketch It Out, a fun and beginner friendly drawing class designed to teach you the basics of sketching, shading, and perspective. Whether you're a complete newbie or just looking to brush up on your skills, this class is the perfect place to start!

DATE: Saturday February 8th TIME: 12:00pm - 3:00pm INSTRUCTOR: Debbie Babb LOCATION: Merced College BRC 630 W 19th St.



COST: \$50 registration fee + \$20 material fee

<u>PICTURE PERFECT:</u> BEGINNER PHOTOGRAPHY WITH A CREATIVE TWIST



COST: \$90 registration fee

Unleash your inner photographer! This class covers camera basics, creative angles, and lighting techniques to capture stunning images.

DATES: Thursdays January 23th - March 6th TIME: 6:30pm - 8:30pm INSTRUCTOR: Denice Woyski LOCATION: Merced College BRC 630 W 19th St.

PERSONAL INTEREST

<u>THE PLANT WHISPERER:</u> CARING FOR INDOOR AND OUTDOOR PLANTS

Join our Caring for Indoor and Outdoor Plants class to discover the secrets to thriving plants! Learn watering, potting, and soil tips for both indoor and outdoor greenery. Whether you're a beginner or a seasoned plant enthusiast, this class is perfect for anyone looking to cultivate a lush, healthy environment indoors and outdoors.

DATES: Saturday March 1st TIME: 10:00am - 12:00pm INSTRUCTOR: Sofia Leon LOCATION: Merced College BRC 630 W 19th St.



COST: \$30 registration fee

DRESS FOR SUCCESS



COST: \$30 registration fee

Upgrade your style in this engaging workshop that teaches you how to perfectly match clothing for work and social occasions. Learn to accessorize like a pro and create looks that leave a lasting impression!

DATE: Saturday April 5th TIME: 10:00am - 12:00pm INSTRUCTOR: Kylie Fimbrez of Liv & Flex Boutique LOCATION: Merced College BRC 630 W 19th St.

PERSONAL INTEREST FLOWER ARRANGMENT WORKSHOP

Create stunning flower arrangements for any occasion. Learn party-ready techniques from a local expert and at the end of this workshop take your beautiful arrangement home!

DATES: Saturday April 12th TIME: 2:00pm – 4:00pm INSTRUCTOR: Lena from Humble Rice Farmer LOCATION: Merced College BRC 630 W 19th St.



COST: \$40 registration fee

CHOCOLATE CREATIONS



COST: \$50 registration fee

Learn the art of crafting exquisite treats as you are guided through the process of creating captivating cocoa bombs, charming chocolate covered pretzels, irresistible cake pops, and much more! You'll also discover the art of decorating and packaging your creations, turning them into impressive gifts and party favors that capture the essence of each holiday theme.

DATES: TBD please call (209)384-6224 for more information TIME: 6:00pm – 8:00pm INSTRUCTOR: Donna Ponce LOCATION: Merced College BRC 630 W 19th St.

PERSONAL INTEREST LEARN TO PLAY THE UKULELE

Strum your way into fun with this beginner friendly ukulele class! Learn the basics of chords, melodies, and simple songs. Each student receives a starter ukulele with a case to continue their musical journey.

DATES: Saturdays March 1st - March 29th TIME: 9:00am - 11:00am INSTRUCTOR: David Rose LOCATION: Merced College BRC 630 W 19th St.



COST: \$100 registration fee

COMPUTER BASICS: FROM ZERO TO CONFIDENT



COST: \$25 registration fee

Nervous around computers? This beginner friendly class is designed just for you! Learn the essential skills to navigate a computer with ease, from creating Word documents to understanding the basic tools and settings. Perfect for anyone who wants to feel more confident using technology in their everyday life. Come as you are – no experience needed!

DATE: Thursday March 6th and 27th TIME: 6:00pm – 8:00pm INSTRUCTOR: Jan Vitato LOCATION: Merced College BRC 630 W 19th St.

BUS TRIP TO CANNERY ROW!



Embark on a scenic journey to one of California's most iconic coastal destinations! Our exclusive bus trip takes you to the heart of Monterey, where you'll experience the historic and picturesque Cannery Row. Stroll along this famous waterfront full of vibrant shops, restaurants, and oceanfront attractions. Included is a pitstop visit at Casa de Fruta! Book your seat today and let us take care of the rest!

DATE: April 19th, 2025 **TIME**: Leaving Merced at 7:30am. Returning to Merced at 7:00pm. COST: \$50 per person LOCATION: Cannery Row, Monterey CA

BUS TRIP TO THE DE YOUNG MUSEUM!



Join us for an journey to San Francisco, where culture, art, and history await! Our bus trip takes you directly to the renowned de Young Museum, located in the heart of Golden Gate Park. Marvel at the museum's stunning architecture and explore its diverse collections, from American art to international treasures. Book your seat today and get ready to be inspired in San Francisco!

DATE: May 24th, 2025 TIME: Leaving Merced at 7:30am. Returning to Merced at 7:00pm. COST: \$50 per person LOCATION: De Young Museum, San Francisco CA

Click on each bus trip title to register.

collette vacations & tours Collette

<u>Shades of Ireland</u>

October 3 - 15, 2025

Highlights: Dublin, Irish Evening, Kilkenny, Waterford, Choice on Tour: Waterford Crystal Factory or Waterford Medieval Museum and Wine Vault, Blarney Castle, Boat Tour, Ring of Kerry, Cliffs of Moher, Farm Visit, Galway, Donegal Town, Derry, Giant's Causeway, Glens of Antrim, Belfast, "Titanic Experience"

Explore Tuscany

October 14 - 22, 2025

Highlights: Montecatini Terme, Lucca, Family-Owned Winery Experience, Florence, Pisa, Cooking Class, Siena, Cheese Farm, San Gimignano

Spotlight on New York City Holiday

December 4 - 8, 2025

Highlights: Greenwich Village, Wall Street, Christmas Spectacular at Radio City Music Hall, Statue of Liberty, Ellis Island, 9/11 Memorial, 9/11 Museum, Broadway Show

<u>Tropical Costa Rica</u>

January 19 - 27, 2026

Highlights: San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Monteverde Cloud Forest, Choice on Tour: Monteverde Hanging Bridges or Canopy Adventure, Guanacaste

*For pricing and additional details, click on the link of the trip in which you are interested.

ONLINE LEARNING

Merced College Community Education has partnered with instructors from Ed2Go and CareerStep to help students like you train for a rewarding new career.

These career training programs are not-for-credit and are not part of Merced College's accredited courses and programs. Most of the programs prepare you to take nationally accredited exams.

Programs available through this partnership include everything from Computer Science to Construction and trades. Whether you are looking to enhance your current skills or learn something new, chances are we have a program for you!



Find additional information on career training at <u>https://careertraining.mccd.edu/</u>

- Medical Billing and Coding
- Pharmacy Technician
- Certified Administrative Professional
- Digital Marketing Strategist
- Certified Residential Interior Designer
- AND MORE!



Find additional information on CareerStep programs at <u>careerstep.com/lp/partner/ap/mccd/</u>

- Physical Therapy Aide
- Patient Care Technician
- Veterinary Assistant
- EKG Technician
- Dental Assistant
- AND MORE!







PROFESSIONAL DEVELOPMENT TRAINING

The Merced College Business Resource Center provides local employers, community organizations, and residents with customized training to enhance their skills in the workplace. Join us for the nationally recognized Customer Service Academy, develop your leaders with our Emerging Leaders Institute, and equip your staff with greater resilience through our new program, the Well-Being Institute.



CUSTOMER SERVICE ACADEMY

- Communication in the Workplace
- Customer Service
- Team Building
- Foundations of Well-Being in the Workplace
- Values and Ethics
- Stress Management
- Time Management
- Conflict Resolution
- Unconscious Bias Reduction in the Workplace & Community
- Attitude in the Workplace



EMERGING LEADERS INSTITUTE

- Employee Engagement
- Leadership Essentials
- Leading with Strengths
- Values & Ethics
- Generational Diversity
- The Challenges of Leadership
- Emotional Intelligence
- Authentic Leadership

ONLINE ONLY



<u>THE WELL-BEING</u> INSTITUTE

- Fuel Your Body for Success
- Building Resilience
- Foundations of Well-Being in the Workplace
- The Science of Happiness
- Finding Your Purpose Leading with Strengths

Click on each program title to learn more.

Select the individual courses that best meet your needs and earn a Certificate of Recognition! Each course is only \$23 and earns a 1/2 unit of college credit!

For more information or for customized training contact: Dorota Mimms at dorota.mimms@mccd.edu or (209)386-6733

COMING SOON COLLEGE FOR KIDS

Coming Summer 2025!

The College for Kids program provides a wonderful opportunity for students to expand, enhance, or review areas of interest and study. Students will learn, grow, and (most importantly) have fun!

Scholarship applications will be available starting March 2025. Registrations will open April 2025.

Sessions starting June 9, 2025 and ending July 31, 2025.

- ENRICHMENT
- AQUATICS
- SPORTS
- THEATER



Click on the CFK logo to get up to date information.

KALEIDOSCOPE & FESTIVAL OF DANCE

Join us for performances by Denisa's School of Dance, Merced Academy of Dance, South Pacific Dance Company, STEPS Dance Studio, and the Mariposa Academy of Dance. Proceeds help to provide scholarships for dance students entering Merced College or 4-year colleges and universities as well as providing theater-related improvements or equipment purchases for the Merced College Theater.

> Kaleidoscope - February 15th, 2025 Festival of Dance - June 2025





Contact Us:

Merced College Community Education

630 W. 19th Street Merced, CA 95340

(209)384-6224

communityed@mccd.edu

mc_communityeducation 🖂



Scan this code for the most current list of class offerings.



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